

So how are YOU doing at creating a DR and CLH Culture? Do a Quick Self-Check ...

Coach's Quick Developmental Relationships Pulse Check

Does your program...	YES! 3	SOME 2	NOT ENOUGH 1
1. Show students they are cared about whether they win or lose?			
2. Encourage students to support and be positive to each other as teammates?			
3. Provide advice about how to stay confident and perform under pressure?			
4. Help in a constructive way when students make mistakes?			
5. Challenge students to try things that are difficult for them?			
6. Teach students that mistakes are necessary to improve?			
7. Ask for students' ideas when making team decisions?			
8. Give students choices within rules and safety limits?			
9. Make practice a safe place to try new skills, even if students don't do them well at first?			
10. Help students see how what they are learning in sports can help in school and life?			

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Your Post-Game Breakdown

Championship Bracket 24-30 points (80%)	Keep doing what you're doing! There are a few ways you can strengthen Developmental Relationships in your program. But you're playing a great game so far!
20-23 points (67%)	Your effort and preparation are paying off! You could more consistently emphasize some key elements of Developmental Relationships, but you're solidly in the game!
Consolation Bracket 15-19 points (50%)	You're heading in an effective direction with Developmental Relationships in your program. And there are some areas that need much greater emphasis in order to reach the next level. Go for it!
Qualification Bracket 10-14 points (33%)	You're on the verge of being in the game with Developmental Relationships in your program. To get to the next level, you'll need to make a more explicit game plan for how you'll make building Developmental Relationships a bigger part of what you do. Keep going!
0-9 points	Your score says that Developmental Relationships have probably not been a big emphasis for your program. Time to pick the ONE habit that will make the biggest difference for you and your players, and ramp up your attention to it. Get going!